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Yummy Mummy: The How To Guide I am extremely proud to introduce my very talented and beautiful friend, Courtenay, to Grenglish (that ' s us on the left) . We met in 2004 when she answered my ad in Loot looking for a flatmate to share with in Maida Vale.

Yummy Mummy: The How To Guide – Grenglish

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In My Yummy Mummy Guide, she shares with you all her experiences from managing her pregnancy to losing all the weight afterwards to disciplining her kids. Here is great advice on finding the perfect maternity outfits, decorating your children ' s rooms, juggling work life and motherhood, and planning the most stylish kiddie parties.

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In My Yummy Mummy Guide, she shares with you all her experiences from managing her pregnancy to losing all the weight afterwards to disciplining her kids. Here is great advice on finding the perfect maternity outfits, decoriating your children's rooms, juggling work life and motherhood, and planning the most stylish kiddie parties.

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Karisma Kapoor during launch of book 'My Yummy Mummy

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Bollywood actress Karisma Kapoor launched her book 'My Yummy Mummy Guide' on pregnancy and motherhood on Tuesday. She

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Karisma Kapoor has played many roles—from successful actor to businesswoman—but her favourite is being mother to her two beautiful children, Samaira and Kiaan. In My Yummy Mummy Guide, she shares with you all her experiences from managing her pregnancy to losing all the weight afterwards to disciplining her kids. Here is great advice on finding [...]

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juggling work life and motherhood, and planning the most stylish kiddie parties.

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